



WOMEN & GIRLS SIZE CHART

How to Measure

Bust Wrap the measuring tape around the fullest part of your chest, keeping the tape snug but not tight. Ensure it stays level around your back.

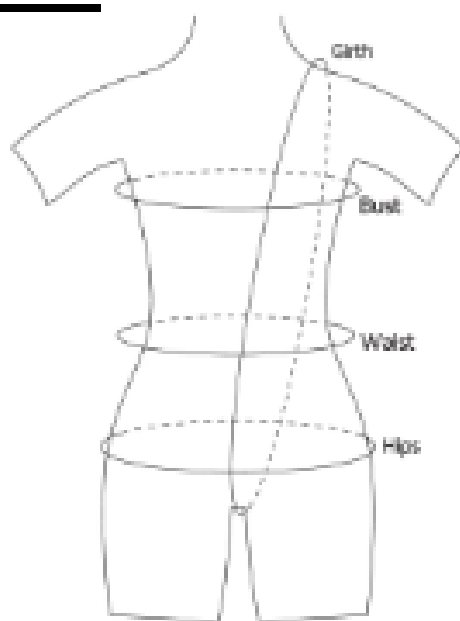
Waist Measure around your natural waistline, typically the narrowest part of your torso, just above the belly button. Keep the tape comfortably fitted.

Hips Stand with your feet together. Wrap the measuring tape around the fullest part of your hips and buttocks, keeping it straight and parallel to the floor.

Girth Start at the top of one shoulder, where a leotard strap would sit. Run the tape measure down through the crotch and back up to the same shoulder, forming a loop. This is crucial for leotard fit.

Inseam Measure from the inner thigh at the crotch down to the bottom of the hem. This measurement determines the leg length for full-length styles.

This guide will help you find your perfect fit for ultimate comfort and freedom of movement.



This chart shows the nearest international conversion for different countries. Size and fit can vary, so please use this chart as a general guide only.

Ballet Russ	36	38	40	42	44
USA UK Canada Australia Japan	XS	S	M	L	XL
Italy	40	42	44	46	48
Germany Austria Netherlands Sweden Switzerland	34	36	38	40	42
Portugal Spain France Belgium	14e/36	38	40	42	44

Ladies cm (inch)

Bust	Waist	Hips	Girth	Size
82-86 (32/34)	60-64 (24/25)	86-92 (34/36)	140 (55)	36
86-92 (34/36)	64-67 (25/26)	92-97 (36/38)	147 (58)	38
92-97 (36/38)	67-72 (27/28)	97-101 (38/40)	152 (60)	40
97-101 (38/40)	73-79 (29/31)	101-106 (40/42)	157 (62)	42
101-106 (40/42)	79-84 (31/33)	106-112 (42/44)	162 (64)	44

Youth cm (inch)

Bust	Waist	Hips	Girth	Size
51-53 (20/21)	48-51 (19/20)	53-58 (21/23)	89-96 (35/38)	4
55-58 (22/23)	53-55 (21/22)	58-63 (23/25)	99-106 (39/42)	6
60-63 (24/25)	53-58 (21/23)	63-68 (25/27)	109-116 (43/46)	8
66-71 (26/28)	58-63 (23/25)	68-73 (27/29)	117-126 (47/50)	10
73-78 (29/31)	66-71 (26/28)	76-81 (30/32)	117-126 (50/53)	12

These charts should be used as a general fitting guide only. Size availability and individual sizing may vary by style.